

## Dayton Area Chapter – Military Officers Association of America



# Officers Call



**Editor: Terry Cooney**

**DECEMBER 2018**

### PRESIDENT'S MESSAGE



We had a great November luncheon. In addition to great food and service we had 3 distinct themes. The picture on the left shows Terry giving the Marine representatives our annual check to support their Toys for Tots program. The check is from the donations that you make year round to your DAC.

The picture on the right shows Terry and me accepting the 5 Star Rating from National MOAA. Terry and I put words around the required multi page Level of Excellence application. It was easy to do because of the wonderful things that the DAC does. In fact, all I did is copy items out of the

newsletter. Terry did most of the work filling in the more esoteric entries. Presenting the award was Dick Calta, the Present of the council of Ohio MOAA chapters.



We were honored to have Dick say a few words regarding the Ohio Council's successes and future challenges to keep all service members (active, retired, officer and enlisted) well-deserved benefits. In addition to summarizing MOAA's political activities, Dick mentioned that he attended the dedication of the National Veterans museum in Columbus. He was also very proud of the MOAA members that were inducted into the Ohio Hall of Fame which now includes 2 DAC members: Cassie Barlow and Fred Pumroy.

At our November Board of Directors meeting our WW II veteran, Chaplain Bob Bentley, asked us to announce to you all of his willingness to visit anyone that is hospitalized, in a hospice, in a nursing home or just at home. Bob is an ordained minister who already is working with the men and women in the Montgomery jail. He said his visit to those that are sick or distressed would take at most 15 minutes so you and/or your loved ones would not be subjected to a long sermon. Rather, his visits are intended to uplift those that are in need: medically, emotionally, spiritually, etc. Bob's contact information is found on the back the newsletter. Give him a call when needed and he can discuss with you the place and timing of a visit.

VP Eddie Reed was selected to be on the October 27<sup>th</sup> 2018 Honor Flight Dayton, Ohio. He suggests that anyone eligible for the flight submit an application for upcoming flights. For information phone Honor Flight at 937-322-4448 or by email [www.honorflightdayton.org](http://www.honorflightdayton.org). Eddie told me that it was an emotional and heartwarming experience.

Did you know that you can make a copy of an application to join the DAC? I did it and signed up a new member. You can do it also. Go to [daytonmoaa.weebly.com](http://daytonmoaa.weebly.com) and click on the Membership tab.

**For additional up-to-date information on national issues visit:**

<http://www.moaa.org/Content/Take-Action/Top-Issues/Top-Issues.aspx>

Mike Ondrasek President

The Military Officers Association of America is an independent politically non-partisan organization operated to benefit members of the uniformed services, their families and survivors

## ANNUAL DUES

We still have a number of our members who haven't paid their annual dues. Dues for the current year were due in August. Please look at the subject line of your e-mailed newsletter or the mailing label of your hard copy and if it shows 'Paid Thru August 2018' please remit your \$15 payment to DAC MOAA P.O. Box 12, Fairborn, OH 45423-0012.

## PLAN AHEAD

Time to mark your calendars for an exciting list of events in the coming months; we hope that these events provide something of interest to each of our members.

Here is the upcoming calendar.

8 December	Christmas Dinner/Dance
19 January	AFIT Update
16 February	World War I Aviation History
16 March	A 28 Year Journey Thru Time – Cuban Missile Crisis to Intermediate Range Nuclear Forces Inspector
6 April	Wright State Theater "A Little Night Music"
14 May	Visit to Enon Distillery and Lunch

Please contact one of the Board members listed on the last page of this newsletter with your suggestions for future events. Remember this is your organization and the Board wants to meet your needs.

## CHRISTMAS/HOLIDAY PARTY DINNER DANCE:

It is that time of year to join in fellowship, cheer, good food, great music, and dance. I hope that your calendars can be marked for the annual Dayton Chapter of MOAA Christmas Party on Saturday, 8 December. We schedule the dinner/dance early in December to avoid the normal conflicts that appear closer to Christmas. Bring your friends and family and enjoy the festive spirit of the season. The evening will start in the club Ball Room at 1800 hours with fellowship and a pay-as-you-go honor bar, with dinner beginning at 1900. Dinner and dancing music will be provided by Chuck Spencer's band. The band will be playing holiday, Christmas, and dance music. Dinner will feature a buffet of House Salad with Ranch or Balsamic Vinaigrette Dressings, Rosemary Grilled Chicken Breast, Sliced London Broil with Demi Glace, Roasted Red Potatoes, Glazed Baby Carrots, Assorted Rolls and Butter, and Pecan and Apple Pie for desert. All of this is provided for only \$40 each. RSVP to Michael Ondrasek at 429-9297 or e-mail at [michael.ondrasek@att.net](mailto:michael.ondrasek@att.net) for reservation NLT than Wednesday, 5 December. If you leave a voice mail, please provide the names of those attending, your phone number, and whether or not you are club member. See you there! Pay at the door (cash/check) and if you must cancel, do it by noon 7 December to avoid being charged for the evening.

## 2018 TRICARE RETIREE DENTAL PLAN (TRDP) CHANGES

The TRDP will end on 31 December. Starting on 1 January 2019 the TRDP will be replaced with the Federal Employees Dental and Vision Insurance Program (FEDVIP). FEDVIP offers a choice of 10 dental carriers including Delta Dental. If you are currently enrolled in TRDP, you **will not** automatically be enrolled in FEDVIP. You must select a FEDVIP plan to continue your benefits. Enrollment begins on 12 November and ends on 10 December. Complete details on the various programs will be forthcoming in the November issue of the Military Officer magazine and online at [moaa.org](http://moaa.org).

## HEALTH AND WELLNESS

Most Americans know that exercise is a key to health, reducing the risk of cancer, dementia, excess weight, and injuries from falls. But do you know how much physical activity you should be getting? The Department of Health and Human Services recently updated the Physical Activity Guidelines for Americans. It recommends that adults accumulate at least 150 minutes each week of moderate-intensity activity (such as brisk walking) and engage in muscle-strengthening exercises twice per week. Learn more at [health.gov/paguidelines](http://health.gov/paguidelines)

## **SURVIVING SPOUSE VIRTUAL CHAPTER**

**New virtual chapter with membership open to:** MOAA members who are Surviving Spouses of uniformed services officers and Council/Chapter Surviving Spouse Liaisons.

Purpose:

To provide:

- a national forum for Surviving Spouses;
- a common space to communicate with each other;
- information about concerns pertinent to each of us and our families, and
- a platform to advocate for protection of rights for our members and our dependents,
- a reliable source for Surviving Spouses who live in remote areas, who are housebound, who have jobs and children, or who might be unable to participate at the chapter level.

Meetings will be held quarterly via FreeConferenceCall.com. A phone number is sent to you via email or you may call a contact number to obtain it. No computer is needed to join the conversation with other surviving spouses. Members participate to the degree that they are able. There are no dues.

For more information, contact:

Gail Joyce

mssvc02@gmail.com

214-676-2132

Micki Costello

mssvc02@gmail.com

214-770-4140

MOAA Council Chapters

chapters@moaa.org

800-234-6622

## **MOAA GOLF LEAGUE:**

Dear Santa, I really need some new golf equipment this year. Some golf balls, or a new windbreaker, or some really, really, neat plaid golf shorts would be nice. As for the rest of the League, we're looking for four or five additional new full time members for the coming year so that we can get back to our 20-team format. We'll be pretty much dormant for the next three months, just working on conditioning, reading golf books/magazines, watching the Golf Channel, etc. If any MOAA member or spouse (especially those new recruits who joined this year) who enjoy playing golf and pleasant company, come join us. Our season begins with an organizational meeting on 29 April and first matches on 6 May. Contact Larry Pohl at 254-0913, Ed Mentzer at 426-8807, Pete Nelson at 426-2063, or Doug Hufnagle at 212-3248.

To find out more about our future season you can find us on the web at [daytonmoaagolf.mysite.com](http://daytonmoaagolf.mysite.com).

## **FISHER HOUSE**



Thanks to all MOAA DAC members who have supported WPAFB Fisher Houses. The Fisher House program recognizes the special sacrifices of our men and women in uniform and the hardships of military service by meeting a humanitarian need beyond that is normally provided by the DoD and the VA

The need continues for basic household items such as paper products, bottled water, plastic utensils, trash and zip lock bags as well as batteries, light bulbs and individual snack items. Please continue to bring these items to the monthly functions. They will be transported to the Fisher House by Board members.

### **FISHER HOUSE NEEDS LISTI**

Dishwasher Detergent

Individually Packaged Soups, etc.

HE Laundry Detergent

Lemonade or Iced Tea Drink Mix

Paper Napkins

Individual Packages-Creamer

Toilet Paper

Individual Packages-Sugar, Splenda

Tall Kitchen Trash Bags  
 1 & 2 Gallon Zip Lock Bags  
 4 Gallon Trash Bags  
 Current DVDs- Family Type  
 Individual bottles of water  
 AA, AAA, & C Batteries  
 Plastic Utensils (forks, spoons)  
 Light Bulbs-40, 60 & 75 watt

Plastic Utensils (cups, bowls)  
 Individual Travel Size Shampoos  
 Paper Gift -All Sizes  
 Styrofoam/Plastic Cups  
 Styrofoam/Plastic Cups  
 Individual Package Snack Items  
 Styrofoam/Plastic Bowl

### **WORDS TO PONDER**

If you can't be kind, at least have the decency to be vague

If you lend someone \$20 and never see that person again, it was probably worth it.

Never buy a car you can't push.

Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.

When everything's coming your way, you're in the wrong lane.

### **ELECTED 2016 EXECUTIVE BOARD OFFICES**

PRESIDENT	MIKE ONDRASEK, COL, USAF	michael.ondrasek@att.net	429-9297
1ST VICE PRESIDENT	EDDIE REED, CWO3, USA	edsue@hotmail.com	371-0954
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PAST PRESIDENT	TERRY COONEY, CAPT, USN	tcooney8@gmail.com	427-0590

### **ELECTED SERVICE/AUXILIARY REPRESENTATIVES**

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### **APPOINTED OFFICERS/COMMITTEE CHAIRS**

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